## Monday, May 4- Below is your Schedule for the day Grade 3's

This week, we will be focusing our learning on food, recipes, family and fractions.

This Week's Invitation: Have you ever dreamed of hosting your own cooking show? Record a short episode of you following a recipe (a family favourite or your own) OR follow the directions to a favourite recipe and take a picture. Explain how you made it. If you would like to complete this invitation, submit it to your Dojo for the end of the week.

After breakfast, write on a piece of paper your 3 positive thoughts that you are going to say to yourself today. Then post it on your fridge. It is very important to acknowledge what great kids you are and that YOU MATTER!!

Next put on Cosmic Kids and start your morning yoga. You can find Cosmic kids on you tube. Type it in and then choose which yoga session you want to participate in. Or if you guys want to you can do breathing exercises, gonoodle, whatever brings your mind at peace in the morning.

Now your done your positive affirmations and yoga, it's time for your cooking class.

Please Watch Mrs.Cyr cook her favourite dessert. Enjoy the video! It is on my website.

Now I challenge you to cook your favorite recipe with your family. Record a short episode of you following a recipe (a family favourite or your own) OR follow the directions to a favourite recipe and take a picture. Explain how you made it. If you would like to complete this invitation, submit it to your Dojo for the end of the week.

Recess and Snack Time Everyone

Buddy Reading Time- Read to a family member of your choice.

Spelling unit work time: Big Group please print out Unit 23 and small group print out unit 9. Everything is on my website.

Lunch Time

**Lunch Recess** 

Gym Time: Please visit Mrs.McConnell's website for her daily challenges.

Number of the Day- Print whatever sheet you want to off my website.

Math Lesson Video on Fractions with Mrs.Cyr- on my website

Math Pizza assignment. Please complete the math pages. -on my website

Well it's 3:25- Time to pack up for home time and we will see you tomorrow kids. Stay Safe and Healthy! If you need any help with your assignments for today, please email me and I will be here to help you.

Love Your Grade 3 Teacher,

Mrs. Cyr